

# Dr. Craig Nathanson

## Workshop: Communication Skills



### About Craig:

Dr. Craig Nathanson is an Educator, Author, Speaker and Coach for mid-life adults. Dr. Nathanson is also a motivational speaker, The Vocational Coach™ for mid-life adults, and workshop leader working with companies on the development of their organizations and people. His current research focus is on humanistic management, leadership through coaching, and mid-life professional development.

Dr. Nathanson has written and published 5 books on work and mid-life development and management, including "The Best Manager: Getting better results through people". Dr. Nathanson's newest book "Joyful work in the second half of life: The five stages", accumulates 20 years of research in the intersection of work and mid-life.

### You will learn:

- Why communication skills are the most essential skills for every manager
- How you can get better results with quality communications
- How to examine the quality of communications in your organization
- Why teams fail when communications is poor, and what to do about it
- How to see the link between poor communications and poor interpersonal relationships
- How to improve the traditional model of communications at work
- How to recognize the difference between "low richness" and "high richness" in your communications
- How to give and receive feedback that enhances interpersonal relationships at work
- How to know when to use coaching communication rather than punitive communication
- How to recognize your preferred communication style and adjust it as needed for every occasion
- How to turn great listening into great coaching
- How to build strong teams through improved communications
- How to measure if communications is working in the organization

Interactive, thought-provoking, and you can apply what you learn right away!

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