

Dr. Craig Nathanson

Workshop: How to discover and do what you love 365 days a year



About Craig:

Dr. Craig Nathanson is an Educator, Author, Speaker and Coach for mid-life adults. Dr. Nathanson is also a motivational speaker, The Vocational Coach™ for mid-life adults, and workshop leader working with companies on the development of their organizations and people. His current research focus is on humanistic management, leadership through coaching, and mid-life professional development.

Dr. Nathanson has written and published 5 books on work and mid-life development and management, including "The Best Manager: Getting better results through people". Dr. Nathanson's newest book "Joyful work in the second half of life: The five stages", accumulates 20 years of research in the intersection of work and mid-life.

You will learn:

- How to create a more fulfilling future
- How self-reflection can bring new energy and perspective to your life
- How to create a personal roadmap for success in your work and your life
- How to develop a purpose that makes a difference in your life and in the world
- How to align your goals around what is most important to you
- How to raise your self-esteem and create a new set of beliefs that are more useful to you
- How to create your own perfect vocational day
- How to deal with the financial, emotional, and relationship challenges that come with changing your work
- Why a future biography is more useful than a current resume
- How to build the right support network when you are making a transition in your work

Interactive, thought-provoking, and you can apply what you learn right away!

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