

# Dr. Craig Nathanson

## Workshop: How to find the RIGHT work during challenging times



### About Craig:

Dr. Craig Nathanson is an Educator, Author, Speaker and Coach for mid-life adults. Dr. Nathanson is also a motivational speaker, The Vocational Coach™ for mid-life adults, and workshop leader working with companies on the development of their organizations and people. His current research focus is on humanistic management, leadership through coaching, and mid-life professional development.

Dr. Nathanson has written and published 5 books on work and mid-life development and management, including "The Best Manager: Getting better results through people". Dr. Nathanson's newest book "Joyful work in the second half of life: The five stages", accumulates 20 years of research in the intersection of work and mid-life.

### For Whom:

- College students preparing to enter the world of work
- Individuals in work transition
- Individuals in midlife, who are ready to discover what work is just RIGHT for them

### You will learn:

- How to find the work which is just RIGHT for you
- How to create a more fulfilling future
- How self-reflection can bring new energy and perspective to your life
- How to create a personal roadmap for success in your work and your life
- How to develop a purpose that makes a difference in your life
- How to align new goals around what is most important to you
- How to raise your self-esteem and create a new set of beliefs that are more useful to you
- How to create your own perfect vocational day
- How to deal with the emotional, financial, and Relationship challenges, which can come with changing your work
- How to build the right support network when you are making transition in your work

This workshop will lead participants through a step by step process and exercises to discover the RIGHT work which you are passionate about as well as a plan for getting started now! Interactive, thought-provoking, and you can apply what you learn right away!

Now available as a keynote talk, 2 hour workshop, 1/2 day, full day and two day workshop!

Custom sessions available.

### Contact:

Dr. Craig Nathanson

P.O Box 2823, Petaluma, Ca 94953

Phone: 707-774-6446

E-mail: [craignathanson@gmail.com](mailto:craignathanson@gmail.com)

Website: [www.drccraignathanson.com](http://www.drccraignathanson.com)

